

Gluten Free = (\$\forall F\) Dairy Free = (1)

# SMOOTHIES (§F) (I)

Powerful Wild Blueberry 12oz \$10 / 16oz \$12 blueberries, banana, almonds, cinnamon, blender bomb, bomb butter

Peanut Butter Coffee Hype 12oz \$10 / 16oz \$12 banana, cacao, peanuts, espresso, blender bomb, bomb butter

The Spin Class 12oz \$9 / 16oz \$11 apple, broccoli, spinach, ginger, lemon, honey, blender bomb, bomb butter

Chocolate Cravings Kicker 12oz \$9 / 16oz \$11 banana, cacao, peanuts, blender bomb, bomb butter

Strawberry Banana Bliss 12oz \$9 / 16oz \$11 strawberries, banana, almonds, blender bomb, bomb butter

9oz \$10 / 12oz \$12 Green Dream spinach, spirulina, pineapple, cauliflower, blender bomb, bomb butter

Ginger Tumeric Boost 12oz \$9 / 16oz \$11 pineapple, spinach, banana, ginger, turmeric, almonds, black pepper, blender bomb, bomb butter

12oz \$10 / 16oz \$12 Jazzy Acai Berry acai, strawberries, banana, blender bomb, bomb butter

120z \$10 / 160z \$12 Mother of Dragons dragonfruit, pineapple, banana, coconut cream, blender bomb, bomb butter

### SMOOTHIE ADD-ONS

Granola So Bomb	<b>\$2</b>
Espresso	\$2
Spinach	\$1.50
Elderberry	\$3
Spirulina	\$1
Protein Powder	\$2.50
Drizzle	\$1.50

flavors include peanut butter, cacao and sea salt, original, and cinnamon

## TOASTS \$10

on 3 slices of sourdough bread / sub GF bread +\$3

Avocado Toast

avocado mousse, tomatoes, pickled onions, hustle vinaigrette, everything seasoning

Spicy Hummus Toast

hummus, feta, pickled onions, tomatoes, hustle vinaigrette, red pepper flakes

## WELLNESS SHOTS (§F) (I)



Elderberry Shot \$3 elderberries raw honey, cinnamon, ginger, cloves

Lemon Ginger Cayenne Shot \$3 lemon, ginger, cayenne

## BOWLS

\$13 Acai You Later

acai sorbet, granola, banana, strawberries, blueberries, blender bomb, hemp hearts

\$14 Vacation Bowl

acai sorbet, granola, pineapple, mango, blender bomb, hemp hearts

## BOWL ADD-ONS

Honey	50¢
Blender Bomb	\$2
Granola So Bomb	\$2
Peanut Butter	\$1
Drizzle	\$1.5

flavors include peanut butter, cacao and sea salt, original, and cinnamon

\$1.50

## TEA \$4 (G\SEF) (I)

served hot or iced

Earl Grey

Decaf Breakfast

Orchid Vanilla

Orange Jasmine

White Ginger Pear

Raspberry Nectar

Chamomile Citron

African Solstice

# COFFEE STORY



Nitro Cold Brew 16oz \$4

Cold Brew 16oz \$4

Iced Latte

Cafe au lait 120z \$3.50 / 160z \$4

drip coffee with steamed milk

12oz \$3.25 / 16oz \$3.75 Americano

Espresso Shot \$2.75

\$3.50 Doppio

double shot

Latte

Drip Coffee 12oz \$3 / 16oz \$3.50

Matcha Latte

Hot Chocolate 12oz \$3.50 / 16oz \$4

### MILK AND FLAVOR OPTIONS

Can be added to any drink

#### MILK

Whole

Oat +.50

Half and half

### FLAVORS

+.50¢ per flavor

Chocolate

White Chocolate

Caramel Vanilla

Lavender

Pure Cane Sugar

Sugar Free Vanilla

Cinnamon

